



# Integral University, Lucknow

Effective from Session: 2019-2020

Course Code	HS501	Title of the Course	Relationships Nature and Development	L	T	P	C
Year	II	Semester	III	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To provide students with a better understanding of the concept of self. To give an exposure to the students about the development of close relationships.						

## Course Outcomes

CO1	Understand the relationship and theories of relationship
CO2	Understand the family relationship and romantic relationship
CO3	Understand the other family relationship.
CO4	Understand the theoretical models of relationships development.
CO5	Understand the development of close relationship.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	The Self	Interactions and Relationships, Relationship as accounts or narratives. Theories and Models of Relationships: Exchange, Interdependence, Equity and Investment.	12	CO1
2	Immediate Family Relationships	Parent- Child Relationship in - Infancy, Childhood, Adolescence and Adulthood; Romantic Love: meaning of romantic love, types of romantic love - Sternberg's Triangular Theory of love and Lee's Classification of love types; Marital Relationship, Divorce and Remarriage.	12	CO2
3	Other Family Relationships	Sibling Relationship, Grandparent - Grandchild Relationship, Friendship- Concept, Characteristics and Identification; Enmityship (or Enmity): Concept, Characteristics and Identification.	12	CO3
4	Model of Relationship Development	The Six- Stage Model; Relationship Initiation: Attention and Initial Attractions, Interaction and Exchange of Rewards.	12	CO4
5	Development of Close Relationships	Affiliation and Attachment, Self Disclosure, Trust, Intimacy and Commitment.	12	CO5

## Reference Books:

- Hendrick, C. and Hendrick, S.S (Eds). Close Relationships- A Sourcebook, Sage Publications, Inc.
- Hinde, R.S (1997). Relations- A Dialectical Perspective Psychology. UK. Taylor and Francis .
- Duck, S. (1993). Social Context and Relationships. Sage Publications.
- Duck, S. (1994). Dynamics of Relationships. Sage Publications.
- Duck, S. (1995). Confronting Relationship Challenges. Sage Publications.
- Baron, R.A and Byrne, D. (1998). Social Psychology: Understanding Human Interaction. Prentice Hall of India, New Delhi.
- Berschied, E. and Regan, P. The Psychology of Interpersonal Relationships.

## e-Learning Source:

<https://egyankosh.ac.in/handle/123456789/84928>

## Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	2	1	2	1	2	2	3	1	2	2	3	2	1	2	2
CO2	2	2	1	2	2	2	2	2	3	2	3	2	2	2	2
CO3	1	3	2	3	2	2	1	1	1	1	1	2	2	2	3
CO4	2	2	2	2	2	2	2	2	1	2	2	2	3	2	3
CO5	2	1	2	1	1	2	1	2	2	2	2	2	2	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

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*Zeba Anil*

Hukam Singh  
Sign & Seal of HoD  
Science  
Lucknow



# Integral University, Lucknow

Effective from Session: 2019-20							
Course Code	HS502	Title of the Course	Clinical Psychology – Diagnosis and Assessment	L	T	P	C
Year	II	Semester	III	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	Non				
Course Objectives	1. To acquaint students with the history and current status of clinical psychology and its diagnosis and assessment. 2. To provide an exposure to the students about various personality assessment techniques.						

Course Outcomes	
CO1	To understand the importance of clinical psychology as a Mental Health Professions, its history and characteristics.
CO2	To get the knowledge about the significance of Diagnosis in Clinical Assessment and therapeutic Intervention.
CO3	To comprehend about the intellectual assessment techniques/tools used for clinical assessment.
CO4	To understand the various personality assessment techniques/tools used for clinical assessment.
CO5	To be familiar with the other forms of assessment; and different methods of Mental Status Examination.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction	Clinical Psychology as one of the Mental Health Professions; Developments in Clinical Psychology; Characteristics of Clinical Psychology.	12 hrs.	CO1
2	Diagnosis	Goals of Diagnosis; Reliability & validity of diagnosis; differential diagnosis; criticisms.	12 hrs.	CO2
3	Intellectual Assessment	Wechsler Scales; Stanford – Binet Intelligence Scale; 4th and 5th Edition Kaufman Scales; Interpretation of intelligence test scores.	12 hrs.	CO3
4	Personality Assessment	Types of Projective Tests: Rorschach Ink - Blot Test, Thematic Apperception Test; Approaches to objective personality scales; The Minnesota Multiphasic Personality Inventory.	12 hrs.	CO4
5	Other Forms of Assessment	Interview; Case Study; Mental Status Examination; Neuropsychological Assessment.	12 hrs.	CO5

<b>Reference Books:</b>	
1.	Phares, J. E. (1988) Clinical Psychology : Concepts, Methods & Profession, The Dorsey Press.
2.	Nietzel, M. T. Bernstein, D. A. and Milch, R. (1994) Introduction to Clinical Psychology, Prentice- Hall Inc.
3.	Newmark, C. S. (1985). Major Psychological Assessment Instruments, Allyn and Bacon.
4.	David H. Barlow (2014). The Oxford Handbook of Clinical Psychology (Ed.), USA: Oxford University Press
<b>e-Learning Source:</b>	
1.	<a href="https://www.slideshare.net/Ammuz123/projective-techniques-80021387">https://www.slideshare.net/Ammuz123/projective-techniques-80021387</a>
2.	<a href="https://www.sciencedirect.com/topics/medicine-and-dentistry/wechsler-intelligence-scale">https://www.sciencedirect.com/topics/medicine-and-dentistry/wechsler-intelligence-scale</a>
3.	<a href="https://www.thinkib.net/psychology/page/22454/validity-and-reliability">https://www.thinkib.net/psychology/page/22454/validity-and-reliability</a>
4.	<a href="https://www.academia.edu/39019156/PDF_THE_PROJECTIVE_TECHNIQUES_OF_PERSONALITY_ASSESSMENT">https://www.academia.edu/39019156/ PDF THE PROJECTIVE TECHNIQUES OF PERSONALITY ASSESSMENT</a>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8
CO1	3	3	3	3	3	3	3	2	2	2	2	2	2	2	2
CO2	3	3	3	3	3	3	3	1	2	2	1	2	1	1	1
CO3	3	3	3	3	3	3	3	3	3	3	1	2	1	1	1
CO4	3	3	3	3	3	3	3	3	3	3	1	2	1	1	3
CO5	3	3	3	3	3	3	3	3	3	3	1	2	1	1	3

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